NRT NO REGRETS TRAINING

GAZ NUMEN

- 13 Years competing and coaching Muay Thai
- Combat sports career of 28 fights

  15 Muay Thai fights including the WKA State welterweight championship
- Former World Kickboxing Association Welterweight State Champion
- Former 2 x Amateur boxing State Champion
- Head coach and manager of NRT Muay Thai Fight Team
- Trainer and coach of 8 x World Champion Daniel Dawson
- Elite Muay Thai pad holder
- Youth group development organiser
- Qualified first Aid
- Police and working with children's check

FROM GAZ:

I started Training boxing at age 11 and instantly fell in love with the discipline, hard work and teamwork aspects of the sport. I had my first fight at age 12 and continued to compete on and off all through my teenage years; with 13 fights and capturing 2 junior state titles.

In 2004 I began my Muay Thai journey and never looked back. Martial arts built around tradition and respect made me feel right at home. I have fought in 15 fights including the WKA State welterweight championship .

As I was always competing and coaching at the same time, in 2016 my love and passion for coaching clearly outweighed my needs for fighting, so now I dedicate my time and experience to helping others improve their lives and achieve their goals.

I teach with a method of structured systems and it's truly rewarding to witness my students from beginner to champion fighter enjoying their Muay Thai journey.

GAZ NUMEN
0413 144 647
admin@noregretstraining.com.au
facebook: @Gaz Numen